



CULTURAL DIVERSITY

Audiovisual Resources Available in the
Medical Education Media Center

Rm. M2-C04A, ph. 235-1864, 235-1832

Academic Medicine's role in Reducing Health Disparities Timothy Hickman; UMKC School of Medicine DVD; 64 min.

SUMMARY: The objectives in this program are: (1.) Define key terms associated with health disparities and cultural competency; (2.) Describe specific examples of U.S. health disparities; (3) Examine the risk factors for and impact of health disparities; (4) Describe strategies to reduce health disparities focusing on increasing cultural competency of students, residents and faculty at UMKC School of Medicine.

Building a Medical Vocabulary: With Spanish Translations, 5th ed. Peggy C. Leonard; W.B. Saunders Company 1 audio CD-ROM, 1 book (608 pgs.) AV MR 09:4

SUMMARY: This book and CD set provides an introduction to medical terminology. It is organized by body systems and begins with an orientation, using terms users may already be familiar with, then it builds upon those terms to the more complex terminology. Each chapter presents concepts and illustrations reinforced by exercises, and ends with comprehensive review exercises. Programmed Learning sections are included, which helps the reader actively participate in learning through immediate reinforcement and comprehension.

Community Voices: Exploring Cross-cultural care through Cancer Fanlight Productions DVD, 69 min. AV DV 06:16

SUMMARY: Using cancer as a lens to explore the many ways that differences in culture, race and ethnicity affect health and the delivery of healthcare services, there are six clearly defined sections intended as triggers for discussion. They explore language, interpretation and communication styles; the meanings of illness; patterns of help seeking; social and historical context; core cultural issues; and building bridges. Drawing on the insights of community, healthcare, and academic leaders, it helps to integrate cultural awareness and skill building into training programs for all health professionals. Specific issues: How do diverse languages and communication styles impact health care interactions? How do the meanings attributed to illness in different cultures affect people's experience of illness? What do people do to promote health or treat illness, and why? How do social context and personal history impact health behaviors? How do values regarding authority, gender, physical contact, decision making, and religion affect health? How can people work together to provide high-quality care to diverse individuals and communities?

Cultural Competency (Grand Rounds) [URL] - UMKC Online Lectures Shaf, DMR; University of Missouri-Kansas City [UMKC], School of Medicine [Online Lecture] 60 min.

<http://media.med.umkc.edu/private/conferences/gr/CulturalCompetencyShafDMR.wmv>

Cultural Issues in Latino Health: Dialogue and Patient Interview Techniques for an Improved Outcome Edwin Galan; UMKC School of Medicine DVD; 56 min.

NOTE: Edwin Galan is the Regional Minority Health Coordinator for the Region VII states of Iowa, Kansas, Nebraska and Missouri, and their Community Based Partners; Senior Minority Health Advisor to the DHHS Regional Health Administrator; and, Cabot Westside Health Center Board of Directors - Saint Luke's Health System. He was the invited speaker of Hispanic Heritage Month.

SUMMARY: The objectives for discussion are: The impact of effective communication on health care, the medical interview, facilitating access, reducing medical errors, and assuring patient knowledge of and ability to adhere to treatment plans and the types of language interpretation that support effective patient-physician communication.

The Culture of Emotions: A Cultural Competence and Diversity Training Program Fanlight Productions DVD, 58 min. AV DV 06:14

SUMMARY: This program is designed to introduce cultural competence and diversity skills to all clinicians and students who work with clients with mental health issues in academic, community mental health, or managed care settings. Clinicians and researchers from a variety of cultural backgrounds contribute their personal and professional perspectives. The video introduces the DSM-IV Outline for Cultural Formulation (OCF), a concise diagnostic method for the assessment of psychiatric disorders across cultural boundaries and diagnostic categories. The topics covered in its distinct five sections include: cultural identity, cultural expression and explanations of illness, cultural stressors and supports, cultural elements of the clinician-patient relationship, cultural assessment for differential diagnosis, and treatment planning.

Disease, Impairment and Disability - The Transition from Patient to Person - (Diversity Lecture Series) UMKC Online Lectures Steven L. Hender, MD, College of Rehabilitation Medicine; produced & recorded at University of Missouri-Kansas City [UMKC], School of Medicine 60 min. For link click on URL box below;

NOTE: This is a University of Missouri-Kansas City [UMKC], School of Medicine lecture recorded on Nov. 20, 2013;

<http://media.med.umkc.edu/private/conferences/special/DiversityHender112013.wmv>

Diversity and Adversity: The Misunderstanding and the Challenge [URL] - UMKC Online Lectures Michael Hingson; University of Missouri-Kansas City [UMKC], School of Medicine 60 min.

NOTE: This is a University of Missouri-Kansas City [UMKC], School of Medicine, recorded on Nov. 2, 2010; Brought to UMKC as a courtesy of KU School of Allied Health;

SUMMARY: Michael Hingson who is a blind survivor of the Sept. 11, 1991 World Trade Center attack, made his way from the 78th floor of Tower One with his guide dog, Roselle. Hingson is a sought-after speaker, consultant and advocate and brings his unique perspective on diversity and inclusion. He uses humor interlaced with his own life experiences as a blind person living in a sighted world to help re-examine our views on diversity and to understand what it means to be different. He has served as public affairs director of Guide Dogs for the Blind. His emphasis is on the understanding of people with disabilities. He discusses the misconceptions of sighted people concerning the blind. Discussion legal cases such as the case in Missouri that removed a newborn child from its parents because they were blind. Medical science needs to catch up with social conditions, when it should be leading the way. We do not teach the medical professional about issues that should be considered in treating patients with disabilities. Through his words we begin to realize that we are all viewed as different by others in our society. Michael shows us that we are not as different as we think and that inclusion can enrich personal and corporate lives if we permit it.

Diversity as a Vital Component of Health Systems Innovation [Faculty Development Workshop Program] [URL] - UMKC Online Lectures Marc Nivet, Ed.D; University of Missouri-Kansas City [UMKC], School of Medicine 90 min.

NOTE: Marc Nivet, Ed.D. Chief Diversity Office of the AAMC provides strategic vision for all the AAMC's diversity and inclusion activities and leads the associations diversity policy and programs department, which focuses on programs designed to increase diversity in medical education and increase health care equity. Presented by the Office of Diversity and Community Partnership. This is a University of Missouri-Kansas City [UMKC], School of Medicine, recorded on Sept. 26, 2011;

A Family Physician's Practical Guide to Culturally Competent Care U.S. Department of Health and Human Services' (HHS') Office of Minority Health (OMH) DVD (compatible with a DVD player or DVD playback capable computer; AV DV 06:11

SUMMARY: This program is a self-directed training course for family physicians. With growing concerns about racial and ethnic disparities in health and about the need for health care systems to accommodate increasingly diverse patient populations, cultural competence has become more and more a matter of national concern. To train physicians to care for diverse populations, the U.S. Department of Health and Human Services' (HHS') Office of Minority Health (OMH) has commissioned Cultural Competency Curriculum Modules (CCCMs). In this program 3 themes are developed: culturally competent care, language access, and organizational support. Within each theme, modules contain video case studies and quizzes. The cases include Hispanic, Native American, Vietnamese and Ethiopian patients. The learning objectives are to: define issues related to cultural competency in medical practice, devise strategies to enhance cultural competency skills in clinical practice, identify strategies to promote self-awareness, and to demonstrate the advantages of CLAS standards as appropriate in clinical practice.

Healthcare Access and Disparities in Chronic Medical Conditions UMKC Online Lectures (Grand Rounds) Maniza Ehtesham, MD, FACP ; University of Missouri-Kansas City [UMKC], School of Medicine

NOTE: This is a University of Missouri-Kansas City [UMKC], School of Medicine, recorded on Feb. 21, 2012;
<http://media.med.umkc.edu/private/conferences/gr/DisparitiesEhtesham022112.wmv>

Ikiru Studio: Criterion Collection; Directed by Akira Kurosawa DVD, 2 discs, 143 min. AV DV 05:12

NOTES: Japanese with English subtitles. New transfer with restored image and sound and improved subtitle translation. Audio commentary by Stephen Prince, author of *The Warrior's Camera: The Cinema of Akira Kurosawa*. A Message from Akira Kurosawa (2000): a 90-minute documentary produced by Kurosawa Productions and featuring interviews with the director on the set of his later films. A 41-minute documentary on *Ikiru* from the series, *Akira Kurosawa: To Create is Beautiful*.

SUMMARY: Blessed with timeless humanity, grace, and heartbreaking compassion, *Ikiru* is one of the most moving dramas in the history of film. Legendary director Akira Kurosawa is best remembered for his samurai epics, but this contemporary masterpiece ranks among his greatest achievements, matched in every respect by the finest performance of Takashi Shimura's celebrated career. Shimura, who nobly led the Seven Samurai two years later, is sublimely perfect as a melancholy civil servant who, upon learning that he has terminal cancer, realizes he has nothing to show for his dreary, unsatisfying life. He seeks solace in nightlife and family, to no avail, until a simple inspiration leads him to a final, enduring act of public generosity. Expressing his own thoughts about death and the universal desire for a meaningful existence, Kurosawa infuses this drama with social conscience and deep, personal conviction, arriving at a conclusion that is emotionally overwhelming and simply unforgettable.

An Integrated Approach to Addressing Health Disparities [URL] - UMKC Online Lectures Eve J. Higginbotham, SM, MD; University of Missouri-Kansas City [UMKC] School of Medicine NOTE: The invited speaker, Eve J. Higginbotham, SM, MD, is the Senior Vice President and Executive Dean for Health Sciences, Howard University; This presentation was sponsored by the Dr. Reaner and Mr. Henry Shannon Diversity Lectureship for Cultural Diversity; Recorded at the University of Missouri-Kansas City [UMKC], School of Medicine on February 25, 2011;

SUMMARY: Pending

<http://media.med.umkc.edu/private/conferences/special/ShannonLectureHigginbotham022511.wmv>

McGraw-Hill's Spanish for Healthcare Providers: A Practical Course for Quick and Confident Communication Joanna Rios, McGraw-Hill Publishing CD-ROM audiobook 336 pages AV CD 05:4

SUMMARY: As a dedicated healthcare provider you know that effective communication is key to providing patients with the high quality of care they deserve. And for healthcare providers working in North America that often entails communicating with Spanish-speaking patients and their families. A valuable resource for physicians, nurses, hospital technicians, physical therapists, and medical administrators with little or no Spanish-language experience, this book provides you with all the Spanish you need to do your job. Convenient, flexible, and complete, McGraw-Hill's Spanish for Healthcare Providers features:

•A Comprehensive Course Book--Using sample dialogues, numerous exercises, and more than 200 expert illustrations, the book introduces a

vocabulary of 2,500 general and medical terms, builds familiarity with typical medical situations, and develops a greater awareness of Latino culture and its impact on healthcare issues. A bilingual glossary features 1,000 of the most useful medical Spanish terms for easy reference. •Audio CDs--Featuring a variety of native speakers, the first two CDs contain vocabulary, phrases, and dialogues that reflect a wide range of common medical situations--everything from the first interview to medication instructions and follow-up--while the third zeroes in on situations typically encountered by physicians, nurses, physician assistants, technicians, and other healthcare providers. An accompanying booklet contains the full scripts and English translations of the dialogues.

Multicultural Perspectives on Adults with Developmental Disabilities Film for the Humanities and Sciences DVD, 33 min. AV DV 06:15
SUMMARY: Community-based care-giving is a vital mode of support for older adults with developmental disabilities. This program examines how (within Hispanic, African-American, and Asian-American cultural contexts) the needs of high-functioning members of this population are being met through the empowering assistance of their families, through healthcare, and employment-related programs that promote self-determination. The importance of service providers who share their clients' respective cultures and, where necessary, speak Asian languages or Spanish is underscored.

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Mystic Iran: The Unseen World Aryana Farshad, director/producer; Aryana Farshad & Janelle Balnicke, authors; PAMILLA PARKER MOSHER, ASSOCIATE PRODUCER; Wellspring Media, Inc. DVD, 52 min. AV DV 05:25

SUMMARY: Join filmmaker Aryana Farshad on her journey deep into the heart of her native Iran. The title is somewhat misleading. Due to the brief nature of filmmaking, the video does not attempt to review the mysticism or various aspects of Islamic faith in Iran; it focuses on aspects of Sufi religious practice. The program begins with a look at the clash in the city of Tehran between ancient Islamic law and the consumer culture of the West and progresses into the towns and villages to find remnants of ancient religious practices. Shot entirely on location, this unprecedented cinematic tour reveals spiritual rites and rituals hidden for centuries. From the women's chamber of the Great Mosque, to the temple-caves in the land of Zarathustra, to the sacred dance of the Dervishes in Kurdistan, discover religious ceremonies and locations never before seen by the outside world. These Sufi mystics see the dance as a way to commune with Allah.

Real Psychiatry: Doctors in Action American Psychiatric Association, Department of Minority and National Affairs DVD, 27 min. AV DV 06:7

NOTE: Featured psychiatrists: Curtis Adams, Mary Roessel, Lowell Tong and Mercedes Martinez. Supported by unrestricted funds from AstraZeneca LP.

SUMMARY: In an effort to help eliminate health disparities among minorities the American Psychiatric Association, Department of Minority and National Affairs is working to increase the number of psychiatrists from various racial, ethnic, and cultural groups. This video program was created to provide information to minority medical students and others interested in the profession of psychiatry. The program features four psychiatrists who share their heartfelt experiences of the day-to-day practice of their profession. These psychiatrists, who represent different ethnicities, geographic regions and areas of professional focus, offer their perspectives and insights on why they chose psychiatry as a career and how their experiences as psychiatrists have enriched their lives.

Religious Diversity in America Educational Video Network, Inc. DVD, 24 min. AV DV 05:25

SUMMARY: In America there are a variety of cultures that are defined by many different religions. Discover the elements of Judaism, Islam, Christianity, Hinduism, and Buddhism. Take this opportunity to learn about these beliefs and the systems that guide them. Learning objectives: 1) Students will learn about belief systems including pluralism, polytheism, monotheism and exclusivism; 2) Students will learn general concepts that may be applied to religion as a whole; 3) Students will be introduced to several religions including Judaism, Islam, Christianity, Hinduism, and Buddhism.

The Ripening of the Human Fruit: Addressing Health Disparities in Senior Adults [CD-ROM] Nevada A. Lee; University of Missouri - Kansas City (UMKC), School of Medicine 1 CD-ROM; 60 min. AV MR 09:2

SUMMARY: The objectives in this video/PowerPoint presentation are to: (1) Learn principles of effective geriatric practice in underserved populations ; (2) Learn about cultural attributes, health beliefs, and barriers that can interfere with treatment results ; (3) Understand importance of medical coordination and family communication.

Spanish for Medical Personnel [audio CD] Ana C. Jarvis, Houghton Mifflin Company 8 Audio CD's; AV CD 05:6

SUMMARY: The audio CD presents situations and vocabulary that medical personnel encounter in the course of their daily work. Correlated to Basic Spanish Grammar, 6/e, dialogues, personalized questions, grammar exercises, situational role-plays, and realia-based activities introduce and reinforce key medical vocabulary while encouraging students to communicate in Spanish. Supplementary readings on illnesses such as diabetes, cancer, heart disease, and AIDS reflect some of the most urgent concerns of the medical community. The Sixth Edition features up-to-date medical vocabulary, medical notes from a cross-cultural perspective, and practical reference information.

Unnatural Causes: Is Inequality Making Us Sick? Produced by California Newsreel with Vital Pictures; Presented by the National Minority Consortia of Public Television; Outreach in association with the Joint Center for Political and Economic Studies Health Policy Institute DVD, 7-part series, 231 min. NOTE: Broadcast by PBS;

SUMMARY: PROGRAM ONE: IN SICKNESS AND IN WEALTH (56 min.) - This is a story about health, but it's not about doctors or drugs. Set mostly in Louisville, Kentucky, it's a detective story out to solve the mystery of what's stalking and killing so many Americans before their time. The program uncovers the connections between healthy bodies and healthy bank accounts - and why residents of so many other nations,

including many poorer countries, live longer and healthier lives. Solutions, evidence suggests, may lie not in more pills but in more equality; PROGRAM TWO: PLACE MATTERS (26 min.) - Our street address can be a powerful predictor of our health. In Richmond, California we witness how one neighborhood exposes its residents to health threats while in Seattle, Washington, another neighborhood is being created that promotes health. What public policies and community actions make the difference? PROGRAM THREE: BECOMING AMERICAN (26 min.) - On average, poor immigrants of color actually arrive in the U.S. healthier than the average American. But the longer they are here, the less healthy they become. We follow Mexican immigrants laboring on the mushroom farms of Pennsylvania to find out why they are healthier, what's grinding down their health over time (and even more so, that of their children), and what they are doing to reverse this trend; PROGRAM FOUR: WHEN THE BOUGH BREAKS (26 min.) - African American pre-term births and infant mortality rates remain more than twice the national average. The babies of African American women with professional degrees face as much risk as being born early and low-birth weight than white high school drop-outs. Might the cumulative impact of racism over the life-course be the culprit? PROGRAM FIVE: BAD SUGAR (26 min.) - Diabetes is a growing American epidemic and Native Americans were the first to suffer its profound effects. We travel to the O'odham Indian reservations of southern Arizona to see how history and powerlessness can drive the disease, while Native efforts to regain control of their communities' economic destiny and re-connect to their culture offer hope for the future. PROGRAM SIX: NOT JUST A PAYCHECK (26 min.) - Unemployment and job insecurity isn't just bad for your pocketbook - it's bad for your health. Must it be this way? Workers in Michigan and Sweden were both thrown out of work by the same corporate giant. One town struggles against depression, spousal abuse and an uptick in heart disease and diabetes while the other seems to be doing just fine. PROGRAM SEVEN: COLLATERAL DAMAGE (26 min.) - Pacific Islanders, even native Hawaiians, have poor health outcomes. In the Marshall Islands and in the unlikely spot of Springdale, Arkansas we can see how U.S. occupation, foreign policy and globalization impact peoples' health--often in unanticipated ways.

Value of Cultural Competency in Low Resource Settings, or, How to do the "Right Thing" while fulfilling your Education/Service Research Mission [URL] - UMKC Online Lectures Jose Mansell de la Rosa, MD; University of Missouri-Kansas City [UMKC], School of Medicine DVD; 60 min. AV DV 13:4

NOTE: This is a University of Missouri-Kansas City [UMKC], School of Medicine lecture recorded on Feb. 15, 2013. The invited speaker is Dr. Jose Mansell de la Rosa, MD, from Texas Tech University Health Sciences Center at El Paso, Paul L. Foster School of Medicine. This program is also available online with UMKC ID and password, click on URL below;

SUMMARY: Three themes are addressed in this presentation: Medical Education at PLFSOM / Curricular Innovation; the El Paso community; and the concepts of cultural sensitivity, awareness and cultural competency vs. cultural diversity.

Working Together to End Racial and Ethnic Disparities: One Physician at a Time [DVD & Fact Sheets on CD-ROM] American Medical Association Foundation 1 DVD (22 min.), 1 CD-ROM (Win) + facilitation guide;

NOTE: Sponsored in part by educational grants from Washington Square Health Foundation, Inc., and Pfizer Inc. in co-operation with the AMA Foundation. CONTENTS: Disc 1: 22-minute DVD featuring interviews with physicians, nurses and patients who have experience disparities in health care firsthand ; Disc 2: CD-ROM with fact sheets covering components of health care disparities, including: quality of care, trust and stereotyping, cultural competence, language barriers and health literacy ; Facilitation guide to help prepare physicians and presenters to stimulate audience discussion about health care disparities.

SUMMARY: You will learn: 1.) Why real and perceived disparities occur and what you can do to change the dynamic, 2.) How to establish effective interpersonal and working relationships that acknowledge cultural differences, 3.) Ways to challenge your knowledge and assumptions about the care you deliver, 4.) What the connection is between quality care and health care disparities.

Workplace Spanish for Health Care Workplace Spanish, Inc. 1 Audio CD + spiral bound manual, 52 pgs.; AV CD 05:5

SUMMARY: From the publisher: An easy way to improve communication with your Spanish-speaking patients! This helpful manual & audio CD provides English to Spanish translations & pronunciations of words and phrases specific to the healthcare industry. Workplace Spanish® for Healthcare has been created to meet the varied needs of health care professionals - from doctors & nurses to technicians and office staff. It's perfect for hospitals, healthcare providers and critical care facilities. Organized by topic, this quick-reference manual contains more than 500 of the most frequently used health care terms and expressions. You'll learn Spanish pronunciation and be able to engage in short conversations from greeting patients, scheduling appointments, exams, doctors' orders, illnesses, injuries and more. The manual also features a quiz section called Drills for Skills, an alphabetical keyword, and a series of practice conversations. The one-hour audio CD covers all phrases used in the book, plus pronunciation tips and suggestions on how to learn quickly. The CD features both a native Spanish speaker and a non-fluent, yet accurate English speaker repeating the terms and phrases. Newcomers to Spanish will find this a great advantage over traditional language tapes. You don't have to be fluent to be effective! Our programs are used by top companies, colleges and trade associations to learn job-specific Spanish without struggling through grammar & rules. Spanish words are broken down into syllables to help you pronounce them properly.

Worlds Apart: A Four Part Series on Cross-Cultural Healthcare Fanlight Productions DVD, 47 min. + facilitator's guide; AV DV 06:18

SUMMARY: Created by Stanford University Center for Biomedical Ethics, these unique trigger films follow patients and families faced with critical medical decisions, as they navigate their way through the health care system. Filmed in patients' homes, neighborhoods and places of worship, as well as hospital wards and community clinics, "Worlds Apart" provides a balanced yet penetrating look at both the patients' cultures and the culture of medicine. This series is an invaluable tool for raising awareness about the role socio-cultural barriers play in patient-provider communication and in the provision of healthcare services for culturally and ethnically diverse patients. Cases include:

1. Mohammad Kochi, a devout Muslim from Afghanistan, had surgery for stomach cancer, but is now refusing the chemotherapy recommended by his physician. His daughter thinks he may fear that the kind of chemotherapy offered will prevent him from observing daily prayer, and wonders if a professional translator might have avoided misunderstandings. 14 Minutes
2. Justine Chitsena needs surgery for a congenital heart defect, but her mother and grandmother, refugees from Laos, worry that the scar left by the operation will damage her in her next reincarnation. They want to seek advice from the local Buddhist temple. 11 Minutes
3. Robert Phillips, a health policy analyst who is African-American, believes he's likely to wait twice as long as a white patient for the kidney transplant he needs. He's looking for a new nephrologist - someone who will be more sensitive to his concerns. 10 Minutes
4. Alicia Mercado, a Puerto Rican immigrant, has strong beliefs about using natural home remedies rather than prescription medications. Her

diabetes, hypertension, asthma and depression have been aggravated by her recent eviction from her apartment of eighteen years, which has also disrupted the continuity of her care. Her son worries about the "assembly line" care he feels she is receiving. 13 Minutes